

LEISURE CENTRE SCHEDULE

June 26 - July 30 2022

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
POOL	PROGRAM RENTAL	LANE SWIM 6am-9am	LANE SWIM 6am-9am	LANE SWIM 6am-9am	LANE SWIM 6am-9am	LANE SWIM 6am-9am	PROGRAM RENTAL	
		AQUAFIT 9am-9:45am	AQUAFIT 9am-9:45am	AQUAFIT 9am-9:45am	AQUAFIT 9am-9:45am	AQUAFIT 9am-9:45am		
		LESSONS 10am-12pm	LESSONS 10am-12pm	LESSONS 10am-12pm	LESSONS 10am-12pm	LESSONS 10am-12pm		
	LANE SWIM 12pm-1pm	LANE SWIM 12pm-1pm	LANE SWIM 12pm-1pm	LANE SWIM 12pm-1pm	LANE SWIM 12pm-1pm	LANE SWIM 12pm-1pm	LANE SWIM 12pm-1pm	
	FAMILY SWIM 1pm-3pm	PUBLIC SWIM 1pm-3:45pm	PUBLIC SWIM 1pm-3:45pm	PUBLIC SWIM 1pm-3:45pm	PUBLIC SWIM 1pm-3:45pm	PUBLIC SWIM 1pm-3:45pm	PUBLIC SWIM 1pm-5pm (No July 9th)	
	PUBLIC SWIM 3pm-5pm							
	LANE SWIM 5pm-6pm	GOLDEN EELS 4pm-6pm	GOLDEN EELS 4pm-6pm	GOLDEN EELS 4pm-6pm	GOLDEN EELS 4pm-6pm	GOLDEN EELS 4pm-6pm	LANE SWIM 5pm-6pm (No July 9th)	
	PUBLIC SWIM 6pm-8pm	LESSONS 6pm-7pm	LANE SWIM 6pm-7pm	LESSONS 6pm-7pm	LANE SWIM 6pm-7pm	LESSONS 6pm-7pm	LANE SWIM 6pm-7pm	FAMILY SWIM 6pm-7pm (No July 9th)
			PUBLIC SWIM 7pm-9pm	PUBLIC SWIM 7pm-9pm	PUBLIC SWIM 7pm-9pm	PUBLIC SWIM 7pm-9pm	PUBLIC SWIM 7pm-9pm	PUBLIC SWIM 7pm-9pm (No July 9th)
			LANE SWIM 9pm-10pm		LANE SWIM 9pm-10pm			
WEIGHT ROOM SQUASH COURTS WALKING TRACK	7am-9pm	6am-10pm	6am-10pm	6am-10pm	6am-10pm	6am-10pm	7am-9pm	
FITNESS								
		STRONG 9:10am-9:50am	SPINERGY 9:10am-9:50am	BARRE 360 9:10am-10:15am	SPINERGY 9:10am-9:50am	STRONG 9:10am-9:50am		
		EASY STRETCH 10:10am-10:50am				EASY STRETCH 10:10am-10:50am		
			SPIN 5:30pm-6:10pm		SPIN 5:30pm-6:10pm			



THE FACILITY WILL BE OPEN 12-5PM ON JULY 1ST

12-1PM : LANE SWIM
1-5PM: PUBLIC SWIM

Schedule is subject to change. Please visit www.estevan.ca for updates on closures and cancellations. Proper footwear, exercise wear and swimwear is required to participate.

